

Highlands Community Ministries
1140 Cherokee Road, Louisville, KY 40204

United in faith, fellowship, and ministries within the Highlands.

Concordia Lutheran
Calvary Lutheran
Highland Baptist
Deer Park Baptist
Vine Street Baptist
Edenside Christian
Douglass Boulevard Christian
Highland Presbyterian
Bardstown Road Presbyterian
Strathmoor Presbyterian
Christ Evangelical U.C.C.
Immanuel United Church of Christ

Church of the Advent Episcopal
St. Andrew's Episcopal
Highland United Methodist
St. Paul United Methodist
Bellarmine Campus Ministry
St. Francis of Assisi Catholic
St. Therese Catholic
St. James Catholic
St. Agnes Catholic
St. Raphael Catholic
St. Brigid Catholic
Metropolitan Community



Highlands Bulletin

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Highlands Community Ministries (HCM) is an ecumenical non-profit organization uniting 24 churches in faith, fellowship, and ministries within the Highlands.

Executive Director, Stan Esterle, 451-3695

www.hcmlou.org

Dear Neighbor,

We are celebrating our 40th year of providing full-time ministries to people of all ages in the Highlands. Because it costs almost \$5,000 to mail this bulletin and a donor envelope to our 16,800 households (plus providing 4,200 copies to church members), we can distribute just one bulletin a year. Keep it for reference year round, and mark your calendar with upcoming events. You may also visit our website at www.hcmlou.org for a listing of activities during the year.

Once again, we urge each household to make a generous donation to our programs. Our tenth annual campaign is anticipated to yield about \$50,000, and we received \$11,086 from the 5K Run/Walk, etc. These funds will help meet budget needs – especially services to the poor and the frail elderly – for the fiscal year beginning July 2009. Your ongoing support is critical. **Please mail whatever you can afford in the enclosed envelope.**

Our Highlands is blessed with beauty and diversity, and especially with residents, businesses, and churches committed to “building community” among all our people. Thanks for being a part of our community and our ministry.

~ Stan Esterle

Those in Need

Individual and Family Assistance Program (IFAP)

Lynn Humphrey, Director, 451-3626

Services to Highlands residents. Emergency services: rent assistance, utilities, and food. Support programs: practical educational classes and other seasonal services.

Emergency Food

Dare to Care
Highland UMC
1140 Cherokee Road
Monday – Friday
10 a.m. – noon

Kids Kloset

Free clothing, etc. for sizes infant to 6X.
Concordia Lutheran
1127 E. Broadway
Tuesday 10 a.m. – noon

Seniors

Senior Services: Mary Lynne Masterson, Director

Adult Day Health Center: 459-4887

Provides a high quality, economical alternative to institutional care or at-home care. Located at St. Paul United Methodist Church, 2000 Douglass Blvd. Subsidy funds available for low-income persons.

Outreach Programs: 459-0132

Services provided to homebound and active senior adults: mobile meals, homemaker assistance, counseling, medical and shopping transportation, home visits, newsletter, health clinic, volunteer opportunities, application assistance, and help with medical insurance forms.

HCM Senior Center: 459-0132

Hot noon meals and activities Monday – Friday at Douglass Blvd. Christian Church (2005 Douglass Blvd.).

Visiting Nurses Clinic: 2nd and 4th Mondays, 9 a.m.-noon, Douglass Blvd. Christian Church, 459-0132.

Highlands Court, 1720 Richmond Drive

Martha Baxter, Manager, 454-7395

HCM-sponsored, Section VIII subsidized apartments (100 units) for senior adults and handicapped individuals.

Children & Families

Day Care

Two HCM programs provide quality day care for children ages six weeks through five years:

– **St. Paul UMC/Douglass Blvd. Christian:**

Debbie Borst, Director, 458-3045

– **Eastern Star Home:** Debbie Borst, Director, 458-8723

Parents' Day Out, Day Care, Preschool Programs

For a list of programs by ZIP code, 636-1358

Babysitting Co-op & Stay-at-Home Moms Support

Group: Angela Renz, 473-7076

Stay-at-Home Dads Support Group:

Michael Doyle, 693-5033

Rent-a-Teen: High school youth available for part-time tasks, 451-3695

Highland Youth Recreation Sports

Leslie Gross, Director, 451-3695

Sign-ups at Bardstown Road Presbyterian Church, 1722 Bardstown Road, Saturdays, 1 - 4 p.m.

Fall soccer

August 8 & 15

Register on line at www.hyrsports.com for Spring soccer starting February 1 and for T-Ball, baseball, and softball starting April 1.

Basketball: Douglass Community Center, 456-8120

Upward Basketball: St. Paul United Methodist, 459-1595

Volleyball: Fall and spring, co-ed adult leagues, Tuesdays, Douglass Blvd. Christian Church, 451-3695

Square Dancing: Highlanders Square Dance Club, 1st, 3rd, & 5th Monday evenings, Strathmoor Presbyterian Church

Highlands Shepherds: Pastors' lunch, 1st Tuesdays

Neighborhood and Business Associations: 451-3695

Douglass Community Center: 456-8120

Trips

All trips depart from and return to Douglass Blvd. Christian Church

Five-Day Vacation to Branson

October 12 – 16, 2009

A 5-day/4-night vacation via Diamond Tours that includes deluxe motor coach, four nights' lodging in Branson, four breakfasts, four dinners, and admission to seven shows: The Brett Family Show, The Twelve Irish Tenors, Lee Greenwood & the Bellamy Brothers, The Red Hot and Blue Show, the Hughes Brothers, The Showboat Branson Belle, and Noah the Musical Show at the Sight & Sound Theatre. Cost is \$499 per person double/\$619 single occupancy. Full payment is due by July 31. Call 451-3695 for details or to register.

Bardstown/Trappist Monastery

Wednesday, October 21, 2009

Enjoy the fall foliage, visit the Basilica of St. Joseph, enjoy a buffet meal at the Stephen Foster Restaurant, and visit the Trappist Monastery. Bus leaves at 9 a.m. and return about 4:30 p.m. Cost for the bus and buffet meal is \$24 per person, due by September 1. Call 451-3695 for details.

Week in the Highlands

Saturday, October 3, 8 a.m.

Highlands Cup 5K Run/Walk plus pancake breakfast
Douglass Blvd. & Bardstown Road
Deer Park Environmental Fair and Parade (11 a.m.)

Sunday, October 4, 2 – 7 p.m.

Highlands Douglass Big Rock Jazz Fest

Thursday, October 8, 5:30 – 8 p.m.

Empty Bowls, Bellarmine University, Frazier Hall

Friday, October 9, 6 – 10 p.m.

Belknap Fall Festival Eve with food and music

Saturday, October 10, 10 a.m. – 7 p.m.

Belknap Neighborhood Fall Festival

Sunday, October 11, Noon – 5 p.m.

Farmington Harvest Festival

Derby Dinner Playhouse Call 451-3695.

Sunday: 8/16 *High School Musical*

Sunday: 10/4 *Joseph & the Amazing Technicolor Dreamcoat*

Sunday: 12/20 *A Wonderful Life Musical*

Sunday: 4/4 *8-Track*

Sunday: 5/16 *Hairspray*

Cost per trip for the bus, buffet, and play is \$32 with TARC transportation (\$29 without transportation). Depart 11:15 a.m. from Highlands Court, 1720 Richmond Drive.

Religious Unity Activities

Interfaith Dinner Dialogue

Hindu, Buddhist, Christian, Jewish, Muslim, Baha'i
Thursday, October 29, 6 – 8:30 p.m.

Keneseth Israel Synagogue

Registration: 451-3695

HCM Ecumenical Thanksgiving Service

Tuesday, November 24, 7 p.m.

Deer Park Baptist Church

Lent: Weekly Soup & Bread Dinners, Scripture

Various HCM churches, day of week TBD

Call 451-3695 for details

Good Friday Ecumenical Service

April 2, Noon, Our Lady of the Woods, Bellarmine

In addition to funding from individuals, churches, corporations, groups, and fees, HCM receives funds from Louisville Metro, KIPDA, Medicaid, and HUD.

Ways to support HCM

- Walk/run in **Highlands Cup**, October 3
- Attend **Empty Bowls**, October 8
- Buy a \$5 **Kroger gift card** from HCM: 451-3626
- Buy **Entertainment coupon book** for \$20: 451-3695
- Buy **Louisville Enjoy** for \$20: 451-3695
- Call HCM about a planned giving gift: 451-3695
- Send your tax-deductible **donation** to HCM,
1140 Cherokee Road, Louisville, 40204

Remembering Highlands Community Ministries in your will is greatly appreciated.

HCM 40th Anniversary Celebrations, May 2010

Saturday, May 15: Afternoon Christian Youth Ministries & Talent Festival/Picnic at Douglass Boulevard Christian Church

Sunday, May 16: Celebration of the 40th anniversary of the development of the community ministries movement in Metro Louisville, with participation from the Association of 15 Community Ministries. Worship service at 4 p.m. and dinner at 5 p.m. at St. Agnes Catholic Church.

Community Classes: You must register and pay in advance for all classes. To register, call 451-3695. Checks should be made payable to and mailed to Highlands Community Ministries, 1140 Cherokee Road, 40204. You get a \$2 discount per class if we get your payment by Friday, August 21. Fees do *not* include supplies.

BARDSTOWN ROAD PRESBYTERIAN CHURCH, 1722 BARDSTOWN ROAD						
Oil Painting	Gerry Furgason	Th - 1:00 - 3:00 p.m.	9/3	7 weeks	\$32	
Tai Chi for Health	Joyce Deddens	T - 7:00 - 8:30 p.m.	9/8	7 weeks	\$32	
Knitting	Jane Hewitt	T - 6:30 - 8:00 p.m.	9/8	5 weeks	\$24	
Scottish Social Dancing	Joyce Deddens	Th - 7:00 - 9:00 p.m.	9/10	7 weeks	\$32	
Stained Glass	Ray Redman	M - 7:00 - 9:00 p.m.	9/14	7 weeks	\$32	
DOUGLASS BLVD. CHRISTIAN CHURCH, 2005 DOUGLASS BLVD.						
Intermediate Watercolor	Tom Scott	T - 7:00 - 9:00 p.m.	9/8	7 weeks	\$32	
Ballroom Dancing for Beginners (Couples)	Cheryl Vice	Th - 7:30 - 8:30 p.m.	9/10	7 weeks	\$60	
ST. PAUL UNITED METHODIST CHURCH, 2000 DOUGLASS BLVD.						
Daytime yoga and exercise classes. Call 459-1595, ext. 25. Daytime tai chi, call 459-0132.						
STRATHMOOR PRESBYTERIAN CHURCH, 2201 HAWTHORNE AVENUE						
Yoga – beginning	Bring mat.	Barbara Reck	W - 6:45 - 7:45 p.m.	9/9	7 weeks	\$32
Yoga – continuing	Bring mat.	Barbara Reck	Th - 6:30 - 7:30 p.m.	9/10	7 weeks	\$32
Square Dance Lessons – Free Open House 9/14 & 9/21		Bill Wise	M - 7:00 - 8:00 p.m.	9/28	20 weeks	TBA