

HERE IT IS FOLKS...

The Inaugural

# LITTLE FOREST HILLS FALL FUNKY 4-K FUN RUN/WALK



- Saturday Nov. 7th, 2009 @ 4PM Start & Finish @ Casa Linda Park
- Live Music from Local Bands
- Entry Fee: Adult \$14 Youth (under 12) \$4  
\*T-shirts with the "Great Running Chicken" will be available for the first 200 entries! Youth entry does not include a t-shirt
- BBQ Cook-off and Hot Dogs will be served after all the running around! For info on how to participate in Cook-off, contact Jeff Mason: 214-324-4942

The serious runner option, for bragging rights, will begin at 4pm sharp! The casual run, walk, crawl, stroller pushing, dog/cat/chicken participating, costume wearing event just for the funky fun of it, will follow. When everyone gets back to the park, there will be a free kid's fun run.

## LFH Fall Funky 4K Registration for:

Name (s) (1) \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email \_\_\_\_\_  
 Emergency Contact and ph #: \_\_\_\_\_

## Registration Fees:

Adult \$14 Qty: \_\_\_\_\_ Youth 12 & under \$4 Qty: \_\_\_\_\_

Proceeds to benefit LFH Neighborhood Association

TOTAL REGISTRATIONS: \_\_\_\_\_

## Method of Payment:

Cash \_\_\_\_\_ Check (made payable to LFHNA) \_\_\_\_\_

TOTAL AMOUNT: \_\_\_\_\_

Mail Or Drop Off to: Bob & Sharon Klug — 8718 San Benito Way Dallas, Texas 75218

ENTRANT'S RELEASE: In consideration of the acceptance of this registration entry, I, the registrant, assume full and complete responsibility for any injury or accident, which may occur during my participation in the event, or while I am on the premises of this event. I hereby release and hold harmless Little Forest Hills Neighborhood Association, the sponsors, promoters, contributors, volunteers and all other persons and entities associated with this event and their agents or employees from any and all injury or damage whether such injury or damage be caused by the negligence, the gross negligence, or misrepresentation of the sponsors, promoters, contributors, or any other person or entity associated directly or indirectly with the event or their agents or employees. I will not enter or participate unless medically able and properly trained. I also know that there may be traffic on the course route. I assume the risk associated with this event, including but not limited to high heat and/or humidity, and the conditions of the roads, all such risks being known and appreciated by me. Fees are non-refundable. I expressly assume the responsibility for any and all acts committed by me that result in bodily injury or property damage. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion picture, recordings, or any other record of the event. I have read the foregoing and certify my agreement or my parent's or guardian's if under 18. I agree that the undersigned is the above registrant.

Registrant's Signature \_\_\_\_\_ Date \_\_\_\_\_

(If runner is a minor) Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_