



Self-defense event

Thursday, January 31, 2013 – 5:45 to 7:45 pm

Ramada Inn – 1601 N. Universal Drive

KCMO 64120 (I-435 and Front Street)

Sponsored by

American Business Womens Association - Downtown Express Network

Cost: \$25 per person. Class limited to 100.

Go online to register at www.abwaden.org.

Bob Thurman brings a unique combination to the field of personal protection training. Having been featured on *ABC Wide World of Sports*, *NBC Sports World*, *ESPN*, covered by *Sports Illustrated Magazine*, and appeared with Chuck Norris in "*Walker, Texas Ranger*", he brings a dynamic presentation to a wealth of martial arts and self defense experience. As a result, *Counter Attactics* programs are dynamic, informative, and specific to the needs of individuals and organizations.