

Next Meetings November 14 & December 12

Board Meeting 6:15pm

General Membership Meeting Starts 7:00pm

****Trinity United Methodist Church - 3104 West Glendale Ave****

Meetings are 2nd Thursday of each month, mark your calendars!



What is abuse?

Abuse isn't always visible, can happen to anyone, and abusers can often be family members.

Types

- **Emotional** - name calling, insulting, ignoring, intimidating, threatening, isolating, demeaning and controlling behavior
- **Sexual** - unwanted sexual contact of any kind
- **Financial/Exploitation** - the illegal or improper denial or use of money, forgery, theft, and coercion of how to spend money
- **Physical** - intentional infliction of physical pain or injury
- **Neglect** - deprivation of food, water, medication, medical services, shelter, cooling, heating or other services necessary to maintain minimum physical or mental health

Signs & Symptoms

Abuse can negatively affect your health and many aspects of your life. (continued on Page 3)

Who is at Risk?

People who abuse and exploit older people do not discriminate. Their abuse affects people in every segment of society, all ethnic and social backgrounds, and both men and women.

Abuse victims may be your neighbor, your friend, your family member, or YOU!

Most victims:

- Have one or more physical or mental impairments

Often widowed or divorced and socially isolated

Usually live with the abuser

If victims live alone, they fear being institutionalized

1 of 14

Only one in every 14 cases of elder abuse is reported.

By identifying and reporting elder abuse, we can all make a difference.

NOVEMBER - DECEMBER CALENDAR

November 11th	Veterans Day
November 14th	NGS Meeting
November 28 -29th	Thanksgiving
November 28th	Hanukkah begins
December 5th	Hanukkah ends
December 12th	NGS Meeting
December 25th	Christmas

Bulk Trash Collection

South of Orangewood Ave
(Area 10)

Placement Begins - October 26th
Collection Begins - November 4th

North of Orangewood Ave
(Area 11)

Placement Begins - November 2nd
Collection Begins - November 11th



Winter Events Around Arizona

November

Pumpkin Days and Fall Maze: 9 a.m.-5 p.m. Sunday, 9 a.m.-8 p.m. Tuesday, 9 a.m.-8 p.m. Wednesday, 9 a.m.-8 p.m. Thursday, 9 a.m.-8 p.m. Friday, 9 a.m.-8 p.m. Saturday, Nov. 1-20. Enjoy a pumpkin patch, various corn mazes, a petting zoo, train rides and more. Tolmachoff Farms 5726 N. 75th Ave., Glendale. \$8, Free for children age one and younger. 623-386-1301. www.tolmachoff-farms.com.

Frontier Town Firefighter Chili Challenge: 9 a.m. Nov. 5. Firefighters and regular Joes from all over the state are invited to make their best chili in a contest with cash prizes up to \$500. Frontier Town 6245 E. Cave Creek Road, Cave Creek. Free. 480-488-9129. www.frontiertownaz.com/.

Litchfield Park Festival of Arts: 9 a.m.-5 p.m. Sunday, 9 a.m.-5 p.m. Saturday, Nov. 5-6. This two-day festival transforms the community into a street scene filled with more than 250 artists and craftsmen from across the nation who display and sell items. Downtown Litchfield Park 101 W. Wigwam Blvd., Litchfield Park. Free admission and parking. 623-734-6526. www.vermillionpromotions.com.

Chiles & Chocolate: 10 a.m.-5 p.m. Sunday, 10 a.m.-5 p.m. Friday, 10 a.m.-5 p.m. Saturday, Nov. 11-13. Sample gourmet chocolate, zesty salsas and Southwestern food at this festival. Desert Botanical Garden 1201 N. Galvin Parkway, Phoenix. \$8-\$18, free for members and age 3 and younger, \$2.25-\$8 food options, \$1.75-\$3 beverage options, \$3 per pound for fresh-roasted chiles. 480-481-8188. www.dbg.org/events-exhibitions/chiles-chocolate.

Fall Extravaganza: 11 a.m.-5 p.m. Nov. 20. This vendor extravaganza offers an opportunity for one-stop shopping. See many handmade local crafters as well as several top retailers. Bring an appetite for hamburgers and hot dogs. Paradise Valley Silver Trowel No. 29 Masonic Lodge 16027 N. 25th St., Phoenix. Free. 602-992-4880. www.azjdi.org.

Ornament Marketplace: 11 a.m.-5:30 p.m. Sunday, 10 a.m.-5:30 p.m. Thursday, 10 a.m.-5:30 p.m. Friday, 10 a.m.-5:30 p.m. Saturday, Nov. 24-27. Heard Museum 2301 N. Central Ave., Phoenix. Free to attend, \$175 per ornament. 602-252-8848. www.heard.org.

Antique Fair: 9 a.m.-3 p.m. First Sunday of each month. Browse antiques sold by a variety of vendors at this indoor/outdoor fair. Lew Sorensen Community Center 11100 E. Tanque Verde Road, Tucson. Free. 520-232-1201. www.pima.gov/nrpr.



December

Celebration of Mesa Arts and Culture Festival: 10 a.m.-4 p.m. Dec. 3. Find unique, hand-made items created by local artists who line Main Street between MacDonald and Center Streets. Saturdays: Jan. 14 and 28, Feb. 11, March 10 and 17 and April 7. Information and booth registration available online or by phone. Downtown Mesa 100 N. Center St., Mesa. Free admission. 480-644-6500. www.macfestmesa.com.

Arizona Antique Market: 10 a.m.-4 p.m. Sunday, noon-6 p.m. Friday, 9 a.m.-5 p.m. Saturday, Dec. 9-11. Antique shows are all about the barter and the treasure hunt. Check out the antique merchandise from the late 1700s to the turn of the 20th century. Items for sale include pieces from the retro period and deco era to modernism. Home and Garden Expo Center 13802 N. Scottsdale Road, Suite 142, Scottsdale. Free admission and parking. 602-717-7337. www.azantiqueshow.com.

Indian Market: 9:30 a.m.-4 p.m. Sunday, 9:30 a.m.-5 p.m. Saturday, Dec. 10-11. See 200 Native American artists who showcase their jewelry, pottery, paintings, sculptures, Kachinas, baskets and fetish carvings. Traditional and contemporary Native American music and performances along with Native American food are offered. Market admission includes entrance to the museum. Pueblo Grande Museum and Archaeological Park 4619 E. Washington St., Phoenix. \$5. 602-495-0900. www.pgindianmarket.com.

First Saturday Art Walk: 10 a.m.-4 p.m. Saturday, First Saturday of every month. Enjoy art outdoors as members of the Fountain Hills Art League show original artwork and holiday items in mediums that include painting, photography, collage, sculpture and jewelry. Plaza Fountain side 12645 N. Saguaro Blvd., Fountain Hills. Free. 480-837-3399. www.fountainhillsartleague.com.

"Crafts and Coffee" Craft Fair: 9 a.m.-2 p.m. Saturday. Custom woodworkers and craftsmen display their hand-made wood projects. Items can include wood pens, bowls, tables, chairs and bedroom furniture. Some items are for sale, others are for display only. Woodworkers Source 645 W. Elliot Road, Tempe. Free admission.

Friday Night Franks: 5 p.m.-10 p.m. Friday, through May 31, 2012. Enjoy a cookout experience with the family in the Sonoran Desert. Live entertainment, horseshoes, corn hole and wagon rides are available. An old-fashioned wiener roast features \$3 hot dogs, \$5 brats, \$3 beers, and \$3 s'mores. Fort McDowell Adventures 14803 N. Hiawatha Hood Road, Fort McDowell. Free to attend, reserved seating and packages available for groups of 10 or more. 480-816-6465. www.fortmcdowelladventures.com.

Read more: http://www.azcentral.com/things/todo/events/articles/2011/09/07/20110907big-list-fall-festivals-events-metro-phoenix.html?nclick_check=1#ixzz2hkXmv2Ji

ELDER ABUSE AWARENESS

continued from page 1

- Fear, anxiety, depression, hopelessness, anger, stress, suicidal thoughts
- Unexplained bruises, cuts, abrasions, broken bones
- Not taking medications as prescribed
- Malnourishment and dehydration
- Increased blood pressure and blood sugar
- Insomnia

How to Protect Yourself

Keep your finances in order and possibly get professional help.

Keep in touch with family and friends often. Avoid becoming isolated.

If you are unhappy with the way someone is treating you, speak up, get help, and report it!

Self-Survey

1. Have you relied on people for any of the following: bathing, dressing, shopping, banking, or meals?

Yes No

2. Has anyone prevented you from getting food, clothes, medication glasses, hearing aids or medical care, or from being with people you wanted to be with?

Yes No

3. Have you been upset because someone talked to you in a way that made you feel shamed or threatened?

Yes No

4. Has anyone tried to force you to sign papers or to use your money against your will?

Yes No

5. Has anyone made you afraid, touched you in ways that you did not want, or hurt you physically?

Yes No

If you answered yes to any of the above questions, you should consider contacting the Adult Protective Services or the Senior Help Line.

Community Resources

Emergencies.....911

Adult Protective Services.....1-877-767-2385
TDD: (877)815-8390

Area Agency on Aging
DOVES Program
24-Hour Senior HELP LINE.....(602)264-4357

Arizona Attorney General
Elder Help Line.....(602)542-2124

This material was prepared by 2013 University of Arizona College of Nursing (MEPN) students

References:

1. Break the Silence. (n.d.). *Arizona Elder Abuse Coalition*. Retrieved July 26, 2013 from <https://www.azag.gov/sites/default/files/sites/all/docs/seniors/BreakTheSilence-MEAPABrochure.pdf>

2. Elder Abuse Information and Training Guide. (n.d.). *Arizona Attorney General Tom Horne*. Retrieved July 26, 2013 from <https://www.azag.gov/seniors/elder-abuse-information-and-training-guide#14>

3. Yaffe, M. J., Weiss, D., & Lithwick, M. (July 2013). Seniors' Self-Administration of the Elder Abuse Suspicion Index (EASI): A Feasibility Study. *Journal of Elder Abuse & Neglect*, 24(4), 277-292. doi: 10.1080/08946566.2011.652930

Know the Signs, Symptoms, & Resources





The Neighborhoods, Housing and Development Subcommittee, which I am honored to chair, approved a comprehensive roadmap that will guide us in a swift and thoughtful way to reach our goal of becoming a national leader in addressing the issue of domestic violence in our city. Today, I am pleased that this roadmap was approved by full council, and the important work can begin. Domestic violence is a family issue and a public safety issue that affects everyone. What began as a request for special funding for one organization has grown, through a fair and thorough process, into a more comprehensive approach that benefits the entire community. This roadmap includes: increasing community awareness about domestic violence and resources available; adopting best practices in all city operations; reforming the justice system to focus on domestic violence; enhancing coordination of the service delivery system; and developing community partnerships to create solutions. I am pleased that next fiscal year's trial budget includes a new position to ensure this plan stays on track, which is why it is so important to support this year's budget. But we cannot do it alone. Partnering with experts in the community and leveraging the efforts of existing organizations is what makes this plan unique – and what will make this plan a success.

Homes Face Deteriorating Sewer Lines

Any homes built during the 1960's and 1970's have Orangeburg pipe (Bituminous Fiber Sewer Pipe) as the sewer line running from our houses to the city sewer. Made of compressed wood fiber and pitch, it was a low cost alternative to metal for sewer lines in particular. Unfortunately, its softness causes these pipes to fail more frequently than pipes made with other materials. The useful life for an Orangeburg pipe is about 50 years under ideal conditions, but it has been known to fail in as little as 10 years. As it deteriorates, the pipe begins to flattened out and

lose its round interior circumference. The flattened pipe can be further damaged by the use of router tools. In addition, the pipes are subject to invasion by plant roots. The plant roots grow within the pipe and eventually restrict or block the flow.

These problems lead to repeated backups of the sewer line from the house to the public sewer in the street or alleyway. Clearing affected sewer lines with mechanical router tools will result in only a temporary improvement.

Many neighbors have received letters regarding warranty policies for your water or sewer line between your house and the street or alley. The two companies are Service Line Warranties and HomeServe USA Corp.

The former has an arrangement with the city of Phoenix (and many other cities) to encourage residents to sign up for water line coverage. Service Line Warranties also offers a sewer line policy for \$6.00 monthly = \$72.00 a year. However, it currently has a special price of \$67.00 annual premium (till 11/2). This covers up to \$4,000 each service call but only covers the single main sewer pipe from your foundation to the city sewer line. This includes an additional \$4,000 allowance for public street cutting, if needed. (continued Page 5)



Naturals

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IMPORTANT NUMBERS

Crime Stop (non-emergency)	602-262-6151
Graffiti Busters (Phoenix)	602-495-7014
Graffiti Committee (Chair: Jon Vreeken) (leave detailed info, name & phone numbers)	
.....Email: northglengraffiti@yahoo.com	
.....Phone: 602-354-5096	
Officer Karen Anderson (Community Action Officer)	
.....Voice Mail 602-256-3141	
.....email: karen.anderson@phoenix.gov	
Cactus Park Precinct	602-495-5009
Abandoned Vehicles (private property) ...	602-262-7844
Abandoned Vehicles	602-262-6151
Animal Control/Rabies	602-506-7387
Barking Dogs	602-262-6466
City Bus Service	602-253-5000
Dial-A-Ride	602-253-4000
Garbage Collection	602-262-7251
Illegal Dumping	602-262-7251
Loud Party Info	602-262-7803
Loud Party Reporting	602-262-6151
Neighborhood Enforcement	602-262-7844
Neighborhood Narcotic Complaints	602-275-5886
Parking Complaints	602-262-6151
Property Maintenance Violations	602-262-7844
Poison Control	602-253-3334
Shopping Cart removal	1-800-THE-CART
Illegal signs	602-534-7100
Street repair (potholes)	602-262-6441
Street Light repair	602-495-5125
Councilman Valenzuela	602-262-7446
Parks Department	602-262-6575
NGSNA Officers 2013	
Frank Beaudrot, President.....	602-677-7126
Claudia Thomas, Vice President.....	
Wally Estfan, Secretary.....	602-841-1189
Mike Simms, Treasurer.....	602-790-3467
Carl Baldridge, Director.....	
Wade Bonine, Director.....	
Jean Rigtrup, Director.....	
Michele Sahlin, Director.....	602-841-1278
Jon Vreeken, Director.....	602-242-0019
Newsletter Production Staff	
Amy Watkins, Editor.....	602-317-9075
Submissions.....	NorthGlenSquareEditor@gmail.com

Deteriorating Sewer Lines continued.....

HomeServe costs about \$82.00 a year (\$6.83 monthly) for a maximum of two service calls with an annual limit of \$7,000 a year. Unlike Service Line Warranties, it includes the branch sewer lines in your concrete foundation from the drains to the main sewer line. Neither policy covers the repair costs to damages in your house caused by or related to the sewer back-up. If considering any of these insurances, also check with your insurance agent to see if your homeowners' or renters' insurance provides coverage for damages due to back-up of sewers or drains. We checked with the city regarding responsibility for sewer line replacement in easements. According to the city, it is responsible for sewer lines in the easements including under sidewalks, alleys, and streets.

Contact for Service Line Warranties is

1-855-850-8271, M-F 9-5. HomeServe number is 1-877-444-7730, M-F, 8-8 & Sat 10-4 EST.

Our City Councilman Danny Valenzuela has been alerted to this problem of aging sewer pipes in his district to see if the city could map those areas in which Orangeburg pipe was used as the city of Tempe has done. This way homeowners could become aware of the potential of major sewer line problems.

Newsletter Readers:

North Glen Square accepts no responsibility for the reliability of products or services provided by the advertisers in this newsletter. Always use caution and care whenever you are dealing with a business for the first time.

Special Thanks Go Out To:

The very nice people who help fold and mail out this newsletter on a volunteer basis!!

Also, Special Thanks to our Printer,
Gateway Printing



Roving Auto Body Repair Scams = Total Rip Offs

Several neighbors and residents of nearby neighborhoods have reported a variety of auto repair scams being done by people roving the neighborhoods or parking lots such as WalMart's.

These scammers offer a new paint job or repair of a damaged bumper or fender. One neighbor reported the male scammer kept talking to her while his female partner tried to enter her home. Another case involved the scammers fixing a dent by filling it with soap that washed out in a rain storm. Another neighbor reported being approach at a gas station to fix his dented back door of his van. He reported that the junk-filled dent was horrible as it flaked and bled through the cheap paint job. Another report involved the scammer with a sob story about needing money for his family. The neighbor wanted to help so paid him \$250 for what turned out to be a horrible job. The scammer even gave him a card for an auto shop in Glendale. When he called to have the job finished correctly, the shop had never heard of the guy.

Our advice: Report to the police any roving auto body business. Get as much details as possible including license #, description of the scammers, etc. Contact our Cactus Park Precinct at 602-495-5009 and leave voice mails or send emails to: Sgt. Jeff Brandenberger (CAO Squad): jeff.brandenberger@phoenix.gov; CAO Karen Anderson: karen.anderson@phoenix.gov;

We also encourage any senior who is targeted by scammers to file a report with the Arizona Attorney Generals Office unit dedicated to helping seniors: Task Force Against Senior Abuse, 602-542-2124, email: seniorabuse@azag.gov.



Councilman Daniel Valenzuela Attending our December Meeting

We know it is a busy time of year with holidays and work events but, ***Please make attending our December 12th meeting at 7pm a priority!*** Councilman Daniel Valenzuela will be our guest that evening. This will be an excellent opportunity to hear him speak on current City issues and to ask questions. We will also get valuable first hand updates on Phoenix projects in and around our neighborhood.

We ask that you arrive just prior to 7pm, as the Councilman will be first on our agenda. The location of this meeting is Trinity United Methodist Church, NW corner of Glendale Ave and 31st Ave. There is ample parking, so attendance will be easy. Please try to come and hear what our hardworking council member has to say. He is taking time away from his family to be with us, so let's show him we appreciate his time and efforts as our representative.

North Glen Square Neighborhood Association 2014 MEMBERSHIP

Name: _____ Address _____

Phone: _____ Email: _____ (please print clearly)

\$20.00 Annual Dues (per household or business)

\$ _____ "North Glen Angel" (extra contribution)

\$ _____ Legal Fund (extra contribution)

\$ _____ Total Amount Enclosed

If you would like to "opt out" of receiving your newsletter in printed form & rather receive it via E-mail, please check this box

You have my permission to publish my name in the newsletter as a "North Glen Angel Contributor"

Please call me when extra help is needed!

Comments _____

Mail To: Treasurer, NGSNA, P.O. Box 39485, Phoenix AZ 85069-9485

(602)301-2313 BRUCE KLIPPENSTEIN-owner
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NGSNA MEMBERSHIP

Your membership, with annual dues of \$20, gives you:

- Bi-monthly Newsletter
- Discounts on NGS Events
- Representation in Local Government
- Voting Privileges at Monthly Meetings
- Participation in Free Giveaways
- Support for Neighborhood Cleanups

Add your voice to the list of over 300 concerned members.

NORTH GLEN SQUARE WEBSITE

Did you know we have a website? Yes we do, and we try to keep it updated with a calendar of events, newsletter issues, documents, and links to helpful information & resources. Whether you want to report a code violation, request street light service or view a map of zoning in North Glen Square, we have links to help.

Our web site also includes a discussion board for registered users. Having a yard sale? Did your house get broken into? Do you have a question or concern about the neighborhood? Start a discussion.

We also send emails on upcoming events, crime & scam alerts, and other important information between newsletters.

www.northglensquare.org
northglensquare@gmail.com

Sex Offender web site:

www.azsexoffender.com

North Glen Square gets updated regularly on sex offenders from the Phoenix Police Dept. We encourage you to visit the site so you are informed on their whereabouts in our neighborhood. An informed resident is a safer resident.

North Glen Square

Neighborhood Association
Post Office Box 39485
Phoenix, Arizona 85069-9485

www.northglensquare.org
northglensquare@gmail.com

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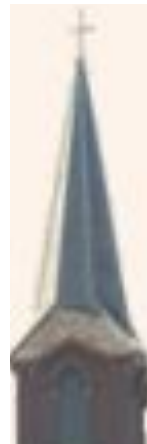
November/December 2013 Edition



Please join us Sundays

9:00 - Traditional Worship
10:30 - Contemporary Worship
with Awesome Praise Band
Quality Nursery & Children's Program

Trinity United Methodist Church
3104 W Glendale Ave (NW corner of 31st &
Glendale) Phoenix, AZ 85051
(602)973-1276 www.raysofhope.ws



Bethel Lutheran Church

7310 N. 27th Avenue
(Just North of Glendale Ave.)
Phoenix, AZ 85051

Sunday Worship Celebration 9:30am

Sunday School & Adult Study Follow
Worship (Nursery Provided)

Pastors: John G. Lemnitzer &
Kimberly M. Sterner (husband & wife)
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