



WALKING FOR YOUR HEALTH

Don't like to walk alone?

This is a great way to enjoy your neighborhood and meet your neighbors.

Come on out Mom's & Dad's, bring your kids.

Need to walk your pets? They can come too.

This would be a great outing for the family and safe as it is all within the neighborhood.

The walk is just two miles long and takes about one hour walking. Really!

(Just walking, not that fast walking or jogging, just walking)

This event is scheduled for

Every Saturday at 8 am, weather permitting.

The walk starts at Safeshelter Drive West & Hampstead Drive

-or-

You can join in as the group is passing your home.

