



Fill the Boot®

A Partnership for Strength, Independence & Life

Every day, kids and adults are diagnosed with muscular dystrophy, ALS and related life-threatening diseases that take away their ability to walk, run, hug, dress themselves, talk and even breathe. There are currently few treatments and no cures.

The Muscular Dystrophy Association (MDA) and the International Association of Fire Fighters (IAFF) are working to change that. For more than 60 years, MDA and IAFF have been working together to free individuals — and the families who love them — from the harm of muscle-debilitating diseases that take away physical strength, independence and life.

What is Fill the Boot?

Through MDA's spirited Fill the Boot program, dedicated fire fighters go above and beyond the call of duty to help families in hometowns across America live longer and grow stronger. More than 100,000 dedicated fire fighters hit the streets and neighborhood storefronts asking pedestrians, motorists, customers and other passersby to make a donation to MDA, helping them fill their boot with contributions.

The first Fill the Boot was held in Boston in 1953 where fire fighters raised \$5,000 for MDA. Last year, fire fighters raised more than \$25 million at more than 2,000 Fill the Boot events to save and improve the lives of MDA families.

How do Fill the Boot donations change lives?

Every coin and every dollar placed in a fire fighters' boot for MDA helps families living with muscular dystrophy and related diseases today. Here's how:



Your donation funds groundbreaking research across diseases to accelerate treatments and cures. Currently, MDA is funding more than 150 research projects in 11 countries thanks in part to Fill the Boot donations.



Your contribution helps MDA care for kids and adults from day one at more than 150 comprehensive MDA Care Centers across the country where experts provide early diagnosis, the highest quality care and access to clinical trials.



Fill the Boot donors help empower families with services and support in hometowns across America by funding trained information specialists who are available to offer one-one-one help, free summer camps for kids where they enjoy "the best week of the year," support groups, equipment assistance, advocating for important policy efforts and more.

"With MDA, the IAFF's support is not going to come to an end until the need for MDA doesn't exist."
- Harold A. Schaitberger, IAFF General President



mda.org
#FilltheBoot
Muscular Dystrophy Association

A Lifesaving Tradition. A Partnership for Progress.

Since 1954, IAFF has supported MDA with an unwavering drive and relentless passion. IAFF encourages locals across the country to participate in Fill the Boot events to support MDA families until a cure is found.

Today, IAFF is MDA's largest national partner, raising more than \$583 million during the past six decades to support families with muscle-debilitating diseases and accelerate treatments and cures. In addition to organizing thousands of Fill the Boot drives in hometowns across America, fire fighters also dedicate countless hours every year to volunteer at MDA Summer Camp, where children with muscular dystrophy and related diseases experience a week of barrier-free fun while gaining confidence and independence — all at no cost to their families.

The selflessness of IAFF members to help end muscular dystrophy is truly unparalleled.

About MDA

MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence and life. We use our collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases; caring for individuals from day one; and empowering families with services and support in hometowns across America.

In Our Community

MDA Summer Camp: Sunday, July 31- Friday, August 5 at Manzano Mountain Retreat in Torreon, NM.

- East El Paso Lock Up at Carino's Italian Restaurant on Thursday, June 2nd

-Executive Lock Up at Landry's Seafood on Thursday, August 25th

-MDA Golf Classic at Coronado Country Club on Monday, September 26th.

-MDA Muscle Walk, Location TBD on Saturday, October 29th

MDA is here to help.

Contact your local office for questions and support:

Phone: 915-584-6355

Email: sschultz@mdausa.org

